

# All Day Menu



SMASHED AVOCADO TOAST (V)..... 1 Slice \$4.99  
Organic natural yeast bread 2 Slices \$7.99

2 SLICES ORGANIC YEAST BREAD (V)..... \$5.95  
Choice of organic jam, butter or peanut butter

PIZZA TOAST..... \$5.95  
3 cheese melted on organic tomato marinara on organic natural yeast bread

\* Add an organic soft boiled egg to any order \$1.80

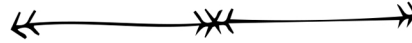
Housemade Gluten Free bread available!

ORGANIC YOGURT (GF)..... \$3.99  
Served with housemade granola clusters

FRUIT SALAD (V) (GF)..... \$3.00

# Noodles & Rice Bowls

Served from 11am-5:30pm



ORGANIC "NAMA" SHOYU RAMEN (V) \$12.99  
Mushroom broth with greens + truffle-shallot oil

**SEASONAL**  
ORGANIC SPICY TAN TAN RAMEN (V) \$12.99  
Butternut squash and sesame miso broth topped with kale greens, mushroom & nut medley, and "ra-yu" oil

RICE NOODLES w/ ORGANIC CASHEW SAUCE (V) (GF) \$11.99  
Seasoned with housemade "yuzu-koshou" oil

ORGANIC KYOTO STYLE UDON (V) \$9.99  
Traditional, simple, light

\* Please note that noodles may soak up broth on take out orders.

BUDDHA BOWL (V) (GF) \$9.99  
Organic brown rice with housemade miso gravy and seasonal vegetables

\* Add an organic soft boiled egg to any order \$1.80

# Baked Goods

ORGANIC & Baked In House



CARROT CAKE..... \$3.10

CINNAMON BUNS (V)..... \$3.50

OATMEAL RAISIN COOKIE..... \$2.99

DOUBLE CHOCOLATE LOAF (V) (GF)..... \$3.50

MOCHI CAKE (Chocolate or Matcha) (GF)..... \$2.50

RICE KRISPY TREATS (V) (GF)..... \$2.75

BANANA CHOCOLATE CHIP MUFFIN (V) (GF) \$2.99

MATCHA TRAIL MIX (Snack Size) (GF)..... \$2.50

\* Seasonal items also available in store\*

Call us to book your next special event or catering  
(604) 973-0163  
Email us at: info@theworkshopvegetariancafe.com